

Title: OBSERVATIONS

Author: MageLord Filbercio

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## OBSERVATIONS OF PAIN

### I. Introduction

We have always thought of "pain" as the unpleasant reaction of a being's nervous system to certain environmental stimuli. But through my recent studies, I believe that I have come to understand pain as a state of mind, rather than a simple physical reaction. It is very easy to inflict physical pain on someone. A casual look about my laboratory will prove that. Iron maidens, thumbscrews, and racks are all useful for this purpose, but what should be done for the person who can literally accept and even ignore physical pain? In this case, a test of one's mental faculties shall be necessary.

Research thy subject carefully, and discover what tears into his soul. Understand his psyche, and use what thou dost discover to help augment the physical torture.

We will look now at a few examples. Suppose thou dost want to cause a harpsichordist pain. Thumbscrews are the obvious choice, but why not add to his experience by playing the blissful tune "Sea Shanty"? This should produce some very good results. Similarly, if

the subject is a writer, strapping him to "the rack" and reading from the dismal "Sir Trout's Plot Guide" will have him writhing. Throughout these pages, thou wilt find even more insidious ways to produce pain. Read them well, and thou wilt never be disappointed with the results.